

International Symposium for Healthy Longevity

日期：112年7月29日 14:00-17:00

地點：台大醫院國際會議中心 203 室

主辦單位：國立陽明交通大學健康長壽與老化科學研究中心

Time	Topic	Speaker	Moderator
14:00-14:10	Opening Remarks	Prof. Chi-Hung Lin 林奇宏 國立陽明交通大學校長 National Yang Ming Chiao Tung University	
14:10-14:30	Epidemiology of Physio-Cognitive Decline Syndrome in Older Community-Dwellers: A Cross-Sectional and Longitudinal Study	Prof. Shu Zhang 張姝 Center for Gerontology and Social Science, Research Institute, NCGG	Prof. Hidenori Arai 荒井秀典 National Center for Geriatrics and Gerontology
14:30-15:00	Community-based Healthy Aging: From The Kashiwa Project to Nationwide Development	Prof. Katsuya Iijima 飯島勝矢 Institute of Gerontology / Institute for Future Initiatives, The University of Tokyo	
15:00-15:20	Impacts of Sleep on Intrinsic Capacity: Results from Gan-Dau Healthy Longevity Plans	Dr. Wei-Ju Lee 李威儒 National Yang Ming Chiao Tung University/ Taipei Veterans General Hospital Yuanshan Branch	
15:20-15:30	Coffee Break		
15:30-15:50	Relationships between Physical, Cognitive, and Social Frailty and Locomotive and Non-locomotive Physical Activity of Moderate to Vigorous Intensity	Prof. Kiyoshi Sanada 真田樹義 Ritsumeikan University	Prof. Masahiro Akishita 秋下雅弘 Department of Geriatric Medicine, Graduate School of Medicine, The University of Tokyo
15:50-16:10	Telecare for Homebound Older Individuals with Disabilities	Dr. Li-Yen Tseng 曾俐燕 National Yang Ming Chiao Tung University Hospital	
16:10-16:30	Internet use and Healthy Aging in Japanese Older Adults	Dr. Shosuke Satake 佐竹昭介 Department of Geriatric Medicine, Hospital, NCGG/ Department of Frailty Research, Institute, NCGG	
16:30-17:00	Panel Discussion	All members	Prof. Liang-Kung Chen 陳亮恭 Center for Healthy Longevity and Aging Sciences, NYCU/ Taipei Municipal Gan-Dau Hospital
17:00	Closing Remark	Prof. Chi-Hung Lin 林奇宏 國立陽明交通大學校長 National Yang Ming Chiao Tung University	